

August 2016

Welcome back McFarland students & parents! Our Student Nutrition Department welcomes a new Director. Barb Waara joined us this year with 20 years of student nutrition experience. Besides being a Director at Monona Grove and Fort Atkinson School Districts, Barb is the current state President of the School Nutrition Association of Wisconsin. She is looking forward to meeting and working with the families of McFarland. Please contact Barb with any questions or comments at 838-4549.

The McFarland School District believes that a healthy, well-nourished, active child is better prepared to learn. We provide nutritious, great tasting food to help your child accomplish this. Complete school nutrition information and menus are available on Nutrislice at www.mcfarland.nutrislice.com and on the district website at www.mcfarland.k12.wi.us.

Start your day off right with a healthy breakfast! Breakfast is available every day for students' grade 3 and up. Students who eat breakfast have shown to perform better in the classroom. Have your student fuel up with a healthy school breakfast for \$1.75; reduced breakfast is \$0.30 and free breakfast is available for those who qualify.

Our **Garden Bars** provide a variety of fruits and vegetables giving our students great choices to promote healthy eating habits and benefits that stay with them long after the school days ends. Garden Bars (salad bars) are available daily at all of our schools. Garden Bars offer on a rotating basis fresh spinach, romaine lettuce mix, baby and shredded carrots, fresh broccoli and cauliflower, peas, celery and garbanzo beans, tomatoes, cucumbers, peppers and seasonal fruit.

Infinite Campus Parent Portal provides families with the ability to view school meal information via the internet. Here you are able to see your student's lunch account activity and balance along with making online payments Your Infinite Campus login is the same one used in previous years; if you are new to the district your activation code will be mailed to you. It is very important that each family is aware of their lunch account balance. Remember this is a pre-pay system, not a charge account.

A la Carte items are available at the High School and Middle School. Please see the district website for pricing. These items are only available if you have a positive balance in your meal account. Please be aware that A la Carte purchases are **not** covered under the Free & Reduced lunch program.

Free & Reduced Meals – Free & Reduced applications are available online and at every school. We encourage those who think they might qualify to apply! **A new free & reduced application must be complete and sent in each year, even if you qualified in previous years.**

We offer field trip lunches! Look for order forms this year with field trip permission forms. Please let your teacher know if you will need a lunch. Our bag lunches include a choice of sandwich, fresh fruit and vegetables, milk and a treat.

Meal & Milk Prices are provided below. Milk is included in all meals. Additional milk and morning milk at the elementary schools is also available.

Grade	Lunch Price	Reduced Lunch	Breakfast Price	Reduced Breakfast
K-2	\$2.80	\$0.40	N/A	N/A
3-5	\$2.80	\$0.40	\$1.75	\$0.30
6-8	\$2.95	\$0.40	\$1.75	\$0.30
9-12	\$3.15	\$0.40	\$1.75	\$0.30
Adult	\$3.75		\$2.25	
Milk	\$0.40		\$0.40	

We require families to maintain a positive meal balance and we recommend having funds for at least one week worth of meals per student in your meal account at all times. Meal accounts travel with students and balances carryover from year to year.

If you have any questions regarding School Nutrition accounts, please call **838-4521**. We look forward to welcoming your children to the cafeteria this fall!