

Summary of changes to the HGD Guide

<p>Opening Section</p>	<ul style="list-style-type: none"> ● Updated mission, vision statement ● Removed Introduction ● Added committee members ● Policy statement is only linked (not typed) ● Removed partnership statement, developmental assets statement and definitions
<p>Tips for 4K-3 teachers</p>	<ul style="list-style-type: none"> ● Removed guidelines for responding to questions about HIV/AIDS ● Updated guidelines for responding to questions about gender identity
<p>4K</p>	<ul style="list-style-type: none"> ● Removed "so that" and incorporated the outcomes into the objective statement ● Personal Health - Human Sexuality Objective <ul style="list-style-type: none"> ○ MOVED <ul style="list-style-type: none"> ■ Respect for self and bullying objectives moved to Injury Prevention and Safety. ○ REMOVED <ul style="list-style-type: none"> ■ "Children grow up to be adults and may be parents" statement removed ○ ADDED <ul style="list-style-type: none"> ■ Statements on "healthy bodies", sharing feelings, and regular medical, dental and vision appts ● Injury Prevention & Safety objective <ul style="list-style-type: none"> ○ ADDED: <ul style="list-style-type: none"> ■ Discuss the importance of letting your adults know where you are going before leaving them ■ Discuss telling their trusted adults if an unsafe touch/action occurs and keep telling them until action is taken ■ Understand that and unsafe touch/action can come from any person, a stranger or a person you know ■ Discuss answering the phone, text messages and the door in a safe way, not revealing information that could put them in an unsafe situation ■ Discuss how to cross the street safely ● Prevention and Control of Disease <ul style="list-style-type: none"> ○ REMOVED <ul style="list-style-type: none"> ■ Discuss how to help a friend or family member who is seriously ill ○ MOVED <ul style="list-style-type: none"> ■ Statement on dental hygiene moved to injury personal health objective ○ COMBINED <ul style="list-style-type: none"> ■ Statement(s) on what germs are, how germs are spread, illnesses caused by germs, how illness is spread (blood, saliva, and other bodily fluid) are combined into one statement

K-3

- Objectives listed as K-3 instead of each grade individually
- Topics marked with a star are new to the grade band
- Removed “so that” and incorporated the outcomes into the objective statement
- **Personal Health - Human Sexuality**
 - **MOVED**
 - Respect for self and bullying objectives moved to Injury Prevention and Safety objective.
 - **REMOVED**
 - “Children grow up to be adults and may be parents” statement
 - “Introduce that a baby develops inside a uterus” statement
 - “Discuss why a baby needs the care of family members” statement
 - **COMBINED**
 - Statement(s) about similarities and differences in growth and differences between bodies
 - **ADDED**
 - Introduce diverse family structures (there are many ways to make a family) through a read aloud and classroom discussion
 - (beginning in 1st grade) Introduce gender identity through a read aloud and classroom discussion.
 - (beginning in 2nd grade) Introduce attraction to another person through a read aloud and classroom discussion (friendship feelings are different from attraction feelings)
- **Injury Prevention and Safety**
 - **ADDED**
 - Discuss all people have the right to be loved, cared for, safe, believed and respected - Including race, color, religion, national origin, sexual orientation, gender identity, English language proficiency, age, or physical, mental, emotional, or learning disability
 - Discuss answering the phone, text messages and the door in a safe way, not revealing information that could put them in an unsafe situation
 - Added statement about self-advocacy
 - Added statement discussing the importance of knowing address
 - Added statement regarding consent
 - Added statement around internet and social media safety
 - Discuss what to do if an unsafe or unwanted touch/action occurs to yourself or someone else.
 - Define private body parts as those covered by a swimsuit.
 - Include, “some of the names for private body parts are penis, testicles, vagina, vulva, butt and breasts.”
- **Prevention and Control of Disease**
 - **REMOVED**
 - Discuss how to help a friend of family member who is seriously ill
 - **ADDED**
 - Discuss why it is important to have vaccines to stay healthy
 - Discuss appropriate barriers for blood, saliva, and bodily fluids
 - **MOVED**
 - Dental hygiene statement moved to Personal Health objective

Tips for 4-12 teachers	<ul style="list-style-type: none"> ● Revised guidelines for responding to questions about HIV/AIDS to be more inclusive of all STIs. ● Updated guidelines for responding to questions about gender identity

4-5	<ul style="list-style-type: none"> ● Personal Health -Human Sexuality <ul style="list-style-type: none"> ○ ADDED <ul style="list-style-type: none"> ■ All people and bodies have strengths in their own unique way ■ Why a person should understand and be comfortable with their body ■ Importance of sharing feelings and concerns about puberty and reproduction with trusted adults ○ MOVED <ul style="list-style-type: none"> ■ Respect for self and bullying objectives moved to Injury Prevention and Safety. ○ REVISED <ul style="list-style-type: none"> ■ Changed "Discuss sexual orientation" to "Discuss attraction to another person and differentiate between friendship feelings and attraction feelings" ○ REMOVED <ul style="list-style-type: none"> ■ Discuss circumcision and hygiene ● Injury Prevention and Safety <ul style="list-style-type: none"> ○ REMOVED <ul style="list-style-type: none"> ■ Removed "phone safety" specifically and included that in the context of "electronics" (see below) ○ ADDED <ul style="list-style-type: none"> ■ AODA prevention /intervention added at 5th grade ■ Use of electronics in the context of the power to bully, to reach out, and to create community ● Prevention and Control of Disease <ul style="list-style-type: none"> ○ REMOVED ○ ADDED <ul style="list-style-type: none"> ■ More details to the objectives that were already present ■ Discuss why it is important to have vaccines to stay healthy
6	<ul style="list-style-type: none"> ● Personal Health -Human Sexuality <ul style="list-style-type: none"> ○ REMOVED ○ ADDED <ul style="list-style-type: none"> ■ Introduce the sexual response cycle. ○ MOVED ● Injury Prevention and Safety <ul style="list-style-type: none"> ○ ADDED <ul style="list-style-type: none"> ■ Identify ways to stay safe when alone ■ Crisis prevention resources ■ Importance of self advocating / asking for help ■ Define/discuss flirting and sexual harassment ■ What to do should sexual harassment occur ● Prevention and Control of Disease <ul style="list-style-type: none"> ○ No changes

7	<ul style="list-style-type: none"> ● Personal Health -Human Sexuality <ul style="list-style-type: none"> ○ ADDED <ul style="list-style-type: none"> ■ Discuss how sexual intercourse can result in pregnancy and understand the responsibilities of parenthood ■ Define and discuss the sexual response cycle. ● Injury Prevention and Safety <ul style="list-style-type: none"> ○ REMOVED <ul style="list-style-type: none"> ■ The word “acquaintance” before rape ○ ADDED <ul style="list-style-type: none"> ■ Discuss the importance of clear, consistent and enthusiastic consent prior to any sexual activity and the conditions under which a person can and cannot provide consent ■ Discuss ways to avoid acquaintance rape including setting clear limits for sexual behavior and sharing these limits with acquaintances and dates ■ Included media app safety with internet safety ■ Discuss the negative impact of sexually explicit and excessively violent media ● Prevention and Control of Disease <ul style="list-style-type: none"> ○ ADDED <ul style="list-style-type: none"> ■ “And non-latex barrier methods” after Discuss that a latex condom reduces but does not eliminate the risk of sexually transmitted infections.
8	<ul style="list-style-type: none"> ● Personal Health -Human Sexuality <ul style="list-style-type: none"> ○ REMOVED <ul style="list-style-type: none"> ■ Know why family members need each other for support, encouragement and protection. ■ Discuss the inheritance of parental characteristics. ■ Accept and value human sexuality as normal and essential to total well-being. ○ ADDED <ul style="list-style-type: none"> ■ Discuss the physical, psychological and social health problems associated with teenage pregnancy ■ Discuss different methods of contraception ■ Discuss the importance of regular health screening ■ Discuss the importance of regular pelvic exams ■ Discuss the age of onset and effects of menopause ■ Describe the process of pregnancy, prenatal development, labor and childbirth. ○ MOVED <ul style="list-style-type: none"> ■ Identify ways to assertively say “no” to pressure and discuss informed mutual consent. To Injury Prevention and Safety. ● Injury Prevention and Safety <ul style="list-style-type: none"> ○ REMOVED <ul style="list-style-type: none"> ■ Discuss bullying. ■ The word “acquaintance” before rape ○ ADDED

8 continued	<ul style="list-style-type: none"> <ul style="list-style-type: none"> <ul style="list-style-type: none"> ■ Discuss the importance of clear, consistent and enthusiastic consent prior to any sexual activity and the conditions under which a person can and cannot provide consent ● Prevention and Control of Disease <ul style="list-style-type: none"> ○ ADDED <ul style="list-style-type: none"> ■ Discuss that a latex condom and other non-latex barrier methods reduces but does not eliminate the risk of sexually transmitted infections. ○ REMOVED <ul style="list-style-type: none"> ■ Explain how a sexually transmitted infection may be avoided by practicing abstinence.
9-12	<ul style="list-style-type: none"> ● Personal Health -Human Sexuality <ul style="list-style-type: none"> ○ ADDED <ul style="list-style-type: none"> ■ Safe haven statute information added ■ Importance of prenatal care ■ Describe the sexual response cycle ○ MOVED <ul style="list-style-type: none"> ■ Identify ways to assertively say “no” to pressure and discuss informed mutual consent. To Injury Prevention and Safety. ● Injury Prevention and Safety <ul style="list-style-type: none"> ○ REMOVED <ul style="list-style-type: none"> ■ Discuss bullying ■ The word “acquaintance” before rape ○ ADDED <ul style="list-style-type: none"> ■ Discuss the importance of clear, consistent and enthusiastic consent prior to any sexual activity and the conditions under which a person can and cannot provide consent ■ Identify ways to avoid rape and being sexually assaulted included setting clear limits for sexual behavior and sharing these limits with acquaintances and dates ● Prevention and Control of Disease <ul style="list-style-type: none"> ○ ADDED <ul style="list-style-type: none"> ■ Discuss that a latex condom and other non-latex barrier methods reduces but does not eliminate the risk of sexually transmitted diseases. ○ REVISED into one statement <ul style="list-style-type: none"> ■ Discuss the physical and psychological responsibilities and consequences of sexual activity and relationships.