



AOAC Safe Swimming Practices 2020

The recommendations in this document are based on the latest information from the Centers for Disease Control and Prevention (CDC), Public Health Madison Dane County (PHMDC), and the School District of McFarland.

1. When is it safe for our aquatic facility to re-open? Depending on the types of programs our AOAC facility will open if Public Health Madison Dane County (PHMDC) is in Phase 2 or higher. Schedules will be available on our website at www.mcfarlandcommunitypool.com. These programs will follow the PHMDC forward plan which includes attendance guidelines and safe practices for participant programs and ages. The McFarland School District and McFarland Recreation, Aquatics and Play reserves the right to close the facility under such circumstances as low attendance, severe weather, public health/maintenance / chemical issues, and scheduling conflicts. Please call ahead: 838-3168

2. What are the general aquatic-related COVID transmission risks? There is currently no evidence to suggest that COVID-19 is spread person to person via the water in environments such as pools or spas. The primary spread in these environments would be by close proximity of individuals, which is often encountered during recreation or exercise activities. Additionally, close quarters such as facility classrooms, locker rooms, and other common spaces are potential environments for increased risk of disease transmission. There is also a risk of transmission for lifeguards during rescues and removals from the water where the guard may be in close proximity to the victim. Lastly, while not the primary method of transmission, there is the possibility of transmission via surfaces at the facilities.

Policies and procedures for safe swimming at the AOAC

Closures:

- All locker rooms will be closed. (Two (2) Family bathrooms and three (3) changing stalls will be available)
- Our mezzanine, seating area, and break room areas are closed.
- Bubblers are closed. (Water bottle fillers are available)
- No suits, goggles, or towels are available for public or staff use.
- Limited pool equipment will be available.

-Starting blocks and the diving board are closed.

Physical Distancing Requirements:

For purposes of this order, physical distancing requirements include:

- Maintain physical distancing of six (6) feet between people
- Washing hands with soap and water or using hand sanitizer
- Covering coughs or sneezes (into sleeve or elbow, not hands)
- Regularly cleaning high-touch surfaces.
- Not shaking hands, and wearing masks as necessary.
- Following all other public health requirements issued by PHMDC.

Given the PHMDC order and to ensure the safety of all staff, we are requiring that all employees and patrons will follow the minimum guidelines when preparing to be on-site and when in the buildings:

Preparation:

- All programs will require online reservation using our [activityreg system](#).
- Prior to leaving home, [review the CDC COVID 19 Symptoms](#) checklist. If you **are NOT** experiencing any COVID 19 symptoms you are welcome to attend our facility.
- If you **ARE** experiencing COVID 19 symptoms such as Cough, Shortness of breath or difficulty breathing, Chills, Fever above 100.4, Muscle pain, Sore throat, New loss of taste or smell, or Trouble breathing please stay home and contact your physician immediately for next steps for testing.

Arrival: When arriving at the AOAC follow signs indicating our enter and exit doors. Please check-in with our attendant/coach for directions, review the district use guidelines, use the single-use hand wipe or sanitizer station prior to entrance. We will not be accepting cash or checks at this time. Please purchase our punch cards or memberships online at www.mcfarlandcommunitypool.com.

Spectator areas: All swimmers 18&under must have a paid parent or guardian accompany them in our lap swim, family swim and water ex programs. **All pool patrons are required to have a face mask on unless they are actively swimming. Please consider bringing a ziplock bag to put your mask in while swimming.**

Please bring your own water bottle

Bathrooms: Family bathrooms will be available. An attendant (non-lifeguard) will regularly disinfect our bathrooms. Locker rooms will remain closed. Diaper changing stations are available in our family bathrooms.

- Bathroom use: Use hand sanitizer or single-use hand wipe prior when entering, wash hands, use facility, wash hands exit (leave doors fully open)

Personal Protective Equipment: All on deck patrons and staff will be required to wear face masks, except actual in-water swimmers. Please bring your own face mask. Emergency face masks will be provided for patrons and staff upon request.

Pool equipment: Noodles and kickboards MAY be provided for some programs which have been properly disinfected for individual or family use. An “Equipment USED Bin” will be available on deck for equipment that will need to be disinfected. Members are encouraged to bring their own equipment.

Shower use: One (1) deck showers will be available for use BEFORE and AFTER swimming. Please practice social distancing. **Showers are available for a short rinse.** An attendant (non-lifeguard) will regularly disinfect our showers.

Swim ready: Please arrive “swim-ready”. Changing areas and showers are limited. Consider bringing your own bag and store personal items on the pool deck in designated areas.

Family use: Immediate family members should remain together on deck at all times and follow 6’ social distancing rules with other families/individuals.

Parents/Guardians: Check diapers before swimming, and change them in a bathroom or diaper-changing area—not poolside—to keep germs away from the pool. [Steps for healthy swimming!](#)

Groups/Rental - No large groups or rentals without an approved COVID safe practices plan and rental agreement. Social distancing rules apply for in-water swimmers as well.

Max pool capacity: Our max capacity will be 100 patrons (this includes swimmers, spectators, and employees)

Departure / Exit - Please use the appropriate exit. Pick up of athletes should be immediately after activity is completed.