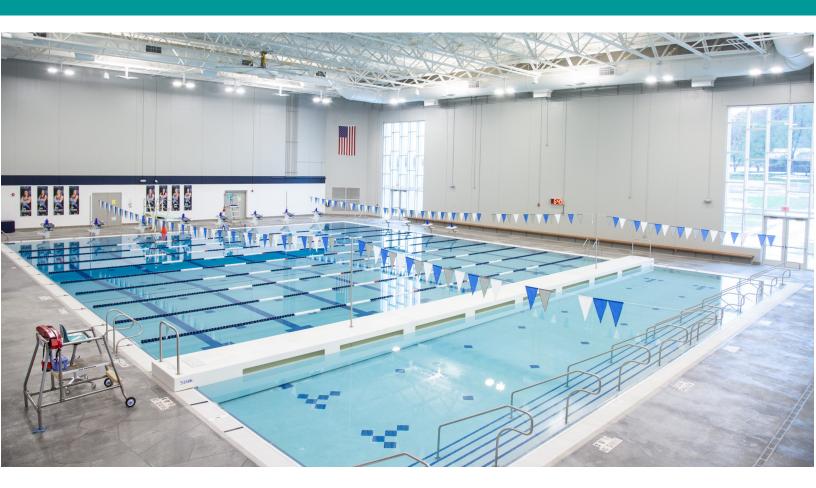
## SCHOOL DISTRICT OF MCFARLAND

MCFARLAND RECREATION, ACTIVITIES, & PLAY

# **2020 SUMMER AQUATICS GUIDE**



## www.McFarlandCommunityPool.com

Located in the McFarland High School 5103 Farwell Street, McFarland, WI 53558 (608) 838-3168



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#### (608) 838-3168

www.mcfarlandcommunitypool.com

#### **Session and Registration Dates**

The Angie O'Donnell Aquatic Center is offering three sessions of lessons this summer: Each session will last two weeks and will be held daily, Monday through Thursday. Each session includes eight lessons. Additional information on lessons can be found on pages 4 & 5 (times & descriptions).

#### SESSION I 6/15/20 to 6/25/20

#### **Online Registration:**

Residents 6/5/20 at 12pm to 6/12/20 at 10pm. Non-Residents 6/5/20 at 5pm to 6/12/20 at 10pm.

#### SESSION II 7/6/20 to 7/16/20

#### Online Registration:

Residents 6/26/20 at 12pm to 7/2/20 at 10am. Non-Residents 6/26/20 at 5pm to 7/2/20 at 10am.

#### SESSION III 7/27/20 to 8/6/20

#### **Online Registration:**

Residents 7/17/20 at 12pm to 7/23/20 at 10pm. Non-Residents 7/17/20 at 5pm to 7/23/20 at 10pm.

**About our facility**—The McFarland Community Pool was re-named <u>The Angie O'Donnell Aquatic Center</u> in honor of Mrs. Angela Orr O'Donnell. Angie battled ovarian cancer for six years and passed away on Oct. 23rd, 2011. Coach Angie was an amazing woman who dedicated countless hours of her time to this facility, the McFarland Spartan Sharks swim team, and the sport of swimming. She left a legacy to all of her swimmers and this community by celebrating life every day. "Every Day Counts!"- Angie O'Donnell

## 2020 AOAC Memberships, Daily Fees, and Swimming Lessons

Membership Type	Daily	Punch Card	6 month	12 Month	
Adult Resident	\$4.00	10/\$40.00	\$110.00	\$180.00	
Adult Non-Resident	on-Resident \$6.00		\$140.00	\$240.00	
Senior Resident (55+)	\$2.00	10/\$20.00	\$30.00	\$60.00	
Senior Non-Resident(55+)	\$4.00	10/\$40.00	\$60.00	\$100.00	
Family Resident	\$8.00	N/A	\$145.00	\$250.00	
Family Non-Resident	\$10.00	N/A	\$170.00	\$300.00	
Student Resident (-18)	\$2.00	10/\$20.00	\$75.00	\$150.00	
Student Non-Resident (- 18)	\$4.00	10/\$40.00	\$100.00	\$150.00	
3&under (W/Adult)	Free	N/A	N/A	N/A	
Water Exercise Class	Daily	Punch Card			
Adult Resident	\$4.00	10/\$40.00			
Adult Non-Resident	\$5.00	10/\$50.00			
Senior Resident (55+)	\$3.00	10/\$30.00			
Senior Non-Resident (55+)	\$4.00	10/\$40.00			
Masters / Fitness Center	Daily	Punch Card	6 month	12 Month	
Masters (18+)	\$6.00	10/\$60.00	\$120.00	\$200.00	
Fitness Center	\$4.00	10.\$40.00	\$70.00	\$100.00	
<b>Swimming Lessons</b>	Per Session				
Resident	\$50.00				
Non-Resident	\$80.00				

Daily fees and membership pricing was updated January 2019. Memberships no longer include 1/2 price school-year or summer swimming lessons (as of May 2019.) If you have any questions about future or current memberships, please call or email Stu Schaefer at 838-3168 or schaefs@mcfsd.org.

#### **SWIM LESSON DESCRIPTIONS & TIMES**

All lessons meet Monday through Thursday for two weeks. <u>www.mcfarlandcommunitypool.com</u>
Session I: June 15<sup>th</sup> - June 25<sup>th</sup> Session 2: July 6<sup>th</sup> - July 16th Session 3: July 27<sup>th</sup> - August 6th

Water Adjustment (25 min) Parent and Child- ages 6 months to 3yrs: This course introduces basic water skills to parents and children. This is NOT a drown-proofing course! Several water safety topics are introduced and discussed with parents as they swim with their child.

11:00-11:25 AM	4:30- 4:55 PM	6:15- 6:40 PM
11.00 11.23 AIVI	7.30 7.33 1 101	0.13 0.40 1 141

Mini Fish (25 min) Pre-Schoolers (3 & 4 yr olds only): This is the first class children participate in without their parents. Skills like floating, blowing bubbles, and jumping are introduced with a teacher. We must emphasize some children are not ready for this course at age three. If you have any questions about placing your child in this course, please discuss it with the Pool Director or Manager.

9:30-9:55 AM	10:00-10:25 AM	10:30-10:55 AM	11:00-11:25 AM	11:30-11:55 AM	3:30-3:55 PM
4:00-4:25 PM	4:30-4:55 PM	5:15-5:40 PM	5:45-6:10 PM	6:15- 6:40 PM	6:45-7:10 PM

Sunfish (25 min): Swimmers begin to develop positive attitudes, good habits, and safe practices in and around the water. Skills to be learned: Swimming on front and back, retrieving submerged objects, floats/glides, and water safety. Swimmers are encouraged to be independent, but instructors will assist them with skills if needed.

9:30-9:55AM	10:00-10:25AM	10:30-10:55 AM	11:00-11:25 AM	11:30-11:55 AM	3:30-3:55PM
4:00-4:25 PM	4:30-4:55PM	5:15-5:40 PM	5:45-6:10 PM	6:15-6:40 PM	6:45-7:10PM

**Bluegills (25min)**: Participants begin to learn how to swim and float <u>independently</u>. Safe water practices are also demonstrated. Skills to be learned: rolling from front to back, changing direction while swimming, treading water, and combining arm and leg actions for swimming.

9:30-9:55 AM	10:00-10:25 AM	10:30-10:55 AM	11:00-11:25 AM	11:30-11:55 AM	3:30-3:55 PM
4:00-4:25 PM	4:30-4:55 PM	5:15-5:40 PM	5:45-6:10 PM	6:15-6:40 PM	6:45-7:10 PM

<u>Perch (40 min)</u>: Building on skills learned in Bluegills, participants will be given additional practice in deeper water.

Introduction of specific swimming strokes starts here. Skills to be learned: deep-water skills such as diving, treading water, freestyle and elementary backstroke are introduced.

10:00-10:40 AM	10:45-11:25 AM	3:30-4:10 PM	4:15-4:55 PM
5:15-5:55 PM	6:00-6:40 PM	6:45-7:25 PM	

**Small Mouth Bass (40 min)**: Swimmers will build confidence and endurance in the strokes learned in past levels and will continue to improve other aquatic skills. Skills to be learned: diving, introduction to side stroke, breaststroke, backstroke, and survival swimming.

10:00-10:40 AM 3:30-4:10 PM	5:15-5:55 PM	6:00- 6:40 PM	6:45-7:25 PM
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Large Mouth Bass (40 min): This class is a continuation of Small Mouth Bass and will focus on developing coordination and building endurance. Skills to be learned: surface dives, open turns, 50 yards of freestyle, backstroke, and elementary backstroke, 25 yards of breaststroke and sidestroke, and 15 yards of butterfly.

10:00-10:40 AM 4:15-4:55 PM 6:00-6:40 PM

**Walleye (40 min)**: Swimmers learn a variety of dives and turns at this level. We will also focus on the coordination and refinement of strokes, while swimming with endurance. Skills to be learned: Shallow dives, flip turns, sculling, 75 yards of freestyle, backstroke, and elementary backstroke, 50 yards of breaststroke and sidestroke and 25 yards of butterfly.

10:45-11:25 AM 3:30-4:10 PM 6:45-7:25 PM

<u>Muskies (45 min)</u>: Swimmers build endurance in front crawl, back crawl, elementary backstroke, breaststroke, butterfly, and sidestroke.

10:45-11:30 AM 4:15-5:00 PM

<u>Intro to Lifeguarding (40 min) Session I Only:</u> This course provides youth, ages 11-14, with an introduction to lifeguarding skills.

3:00-3:40 PM Session 1 only

Adaptive Swimming / Special Needs (25 min): These specially designed swim lessons are 25 minutes in length and are tailored to meet the specific concerns of swimmers with special needs. Please email Aquatic Director Stu Schaefer at: <a href="mailto:schaefes@mcfsd.org">schaefes@mcfsd.org</a> for more information.

11:30-11:55 AM

<u>Intermural Water Polo (25min):</u> Short drill/skill practice then fun water polo games with swimmers your age. Swimmers entering this course should be 8 & over and comfortable swimming in the deep end on their own.

Tuesday and Thursdays from 2:40-3:20pm

#### Private lessons are available!

\$20.00 for one 25 minute private lesson. Great Deal!

We have a private lesson schedule posted at the pool or you can email us at schaefs@mcfsd.org for our weekly schedule.

# Pool Schedules Are Available Online at: www.mcfarlandcommunitypool.com

McFarland School District reserves the right to close the facility under such circumstances as low attendance, severe weather or maintenance/scheduling conflicts. We also reserve the right to alter rules and revoke privileges if our patrons or staff members safety is at risk. We follow our school districts anti-harassment policy (po1662).

#### Special notes about our facility:

Pool Entrance / Parking: Please use the NEW SOUTH pool entrance & parking lot! This south pool entrance is located near the Exchange St. / Renee Ct. intersection! When we have Performing Arts Center (PAC) or large athletic events our south pool parking may be limited. We will however have our North (Farwell St.) parking lot available. Check out our district calendar for PAC / Athletic events that may limit south pool parking or call/email us for additional daily pool/parking information.



**Locker rooms & showers:** We have men's and women's locker rooms, one (1) family restroom with shower, one (1) family restroom without a shower, three (3) changing stalls, & a deck shower.

**Locker room policy:** The following guidelines have been put in place to ensure that our patrons are comfortable at The Angie O'Donnell Aquatic Center. Children 5 and older are encouraged to use the appropriate locker room OR use our changing stalls / family restrooms. If you have any questions or need assistance, please ask a Pool Manager.

**Spectators:** <u>Please no street shoes or food on the pool deck!</u> We ask that you either remove your street shoes or grab a pair of blue shoe covers in the bucket located at the pool entrance. This really keeps our deck and pool water clean!

Non-Swimmer Policy - SWIMMERS AGE 3&UNDER MUST SWIM WITH AN IN-WATER ADULT BUDDY. NON-SWIMMERS 4&OVER CAN SWIM WITH AN ADULT BUDDY OR WEAR A LIFE-JACKET IN OUR 3' LEARN TO SWIM ZONE. SWIMMERS THAT WANT TO SWIM IN THE 4'-12' AREAS MAY BE REQUIRED TO PASS OUR 10 METER SWIM TEST. No flotation devices in the deep end please without parent assistance!

#### Do you have additional questions?

Angie O'Donnell Aquatic Center, McFarland Community Pool 5103 Farwell St.

McFarland, WI 53558 Phone: (608) 838-3168

Stu Schaefer—Aquatics Director E-mail: schaefs@mcfsd.org

Contact US

www.mcfarlandcommunitypool.com



CFarland Recreation Activities & Play

## www.MRAPNews.com

