



# GUIDELINES FOR SENDING YOUR CHILD TO SCHOOL

## McFarland School District – Health Services

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Students are encouraged to remain at home when they are sick, however, they also need to attend school consistently to be successful in classes. Health and illness patterns developed by children often carry over into future school years, even into adulthood and the work world. We consider school to be your child's "job" and attendance is a crucial aspect to success. Our goal is to work with students, parents and staff to promote optimal health, thus creating the best learning environment.

### SHOULD I SEND MY CHILD TO SCHOOL?

#### FEVER

**Your child's temperature must be below 100.4°F for 24 hours without the use of medication to reduce fever before they may return to school.** If your child has a temperature of 100.4°F or higher, this usually indicates an infection/virus of some nature. If a fever is discovered at school, we will contact you to request your child be taken home.

#### COLD/FLU

Upper respiratory infections (I.e. Flu, COVID, RSV) are caused by a virus and do not always mean your student is required to stay home. **Please have your child stay home with an uncontrollable cough, fever of 100.4°F or greater, vomiting/diarrhea.** We recognize that no one feels good when they have a "cold," yet some viruses may last as long as three weeks. Extra rest and plenty of fluids will improve symptoms.



#### HEADACHES

Students are encouraged to remain in school with headaches. If your child has frequent headaches, keep a log of when the headache occurs and what relieves the headache. Tylenol and Ibuprofen are available in the health office and can be administered with proper consent. Prescription medication may be kept in the health office according to District policy for migraine/headache relief.

#### SKIN/RASHES

Skin sores and Rashes accompanied by a fever, are spreading, with draining/weeping or itching: please remain home and consult your medical provider until they clear your student for school.

#### STOMACH ACHES

Students are encouraged to remain in school with stomach aches unless the pain or discomfort is associated with a temperature of 100.4°F or greater, vomiting, diarrhea or lethargy. If your child vomits or has diarrhea during the school day, we will contact you to request your child be taken home. **Your child should remain at home until vomiting/diarrhea has stopped for 24 hours without the use of medication.**

For students of any age, stomach aches may occur easily with anxiety or stress and often a short rest or discussion about the source may relieve the pain so that they may return to class. If your child has a food allergy or a food intolerance, please inform health office staff.

#### INFECTIONS

Students who are prescribed antibiotics for infectious conditions such as strep throat or impetigo must complete treatment for 12-24 hours, based on diagnosis, before returning to school.

**See [DHS Wisconsin Childhood Communicable Disease chart](#) for specific guidelines.**

### MEDICATION GUIDELINES

*Board Policy 5330* requires proper consent forms **every school year** to be submitted by both the student's health care provider (for prescriptions) and parent/guardian (for both prescription and over-the-counter medications) in order for medication to be administered at school. Consent forms are available [here](#), at school and on the [District website](#). Physicians are welcome to fax forms directly to your student's school.

**ORIGINAL CONTAINERS ONLY! ALL MEDICATION MUST BE PROVIDED IN THE ORIGINAL, LABELED CONTAINER (no bags or envelopes) WITH THE FOLLOWING INFORMATION NOTED ON MEDICATION AND [CONSENT FORM](#):**



- |                   |                        |   |
|-------------------|------------------------|---|
| ✓ Student's name  | ✓ Medication dosage    | ✓ Physician order & signature (prescription only) |
| ✓ Student's grade | ✓ Time to be given     | ✓ Parent/guardian phone numbers                   |
| ✓ Medication name | ✓ Duration to be given | ✓ Parent/guardian signature                       |

Please review [McFarland School District Health Services Parent Handbook](#) for additional information.